

[PDF] Beamish Boy (I Am Not My Story): A Memoir Of Recovery And Awakening

Albert Desilver - pdf download free book

Books Details:

Title: Beamish Boy (I am not my stor

Author: Albert Desilver

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Description:

From Publishers Weekly After six years of sobriety, poet DeSilver admits he was "still one sip of beer away from hell." After 10 years of sobriety, he writes that he wanted to kill the "drunk, stupid and confused" boy he had been at age 19. The emotional force of DeSilver's memoir lies in the author's ability to record raw and painful memories of addiction, while also reflecting on turning points that lead him to form a new identity. Skirting a fine line between acceptance and blame, he describes the eccentric characters implicated in his downward spiral (e.g., his gin-swilling, cigarette-smoking mother, whose pretensions were matched by her fondness for profanity; a devil of a German governess reminiscent of a Roald Dahl villain; a renegade high school teacher who supplied students with alcohol and cocaine), as well as the heroes who helped save him: a wise prostitute in Nairobi,

photo-historian Arlan Silverman, American Buddhist teacher Jack Kornfield, and Indian spiritual leader Nisargadatta Maharaj. DeSilver's seesawing journey from drug and alcohol addiction to recovery—all filled with epiphanies and backsliding, clarity and bewilderment—will keep readers committed to his story until, at last, he learns to "beam" without self-destructing and finds peace and stability in a loving relationship and meditation.

Review . . .A beautifully written memoir. . .poignant and inspirational, comical and terrifying!

Kirkus

. . .a fascinating, poetic memoir. . .

ForeWord Reviews

DeSilver's seesawing journey from drug and alcohol addiction, filled with epiphanies and backsliding, clarity and bewilderment, will keep readers committed to his story. . .

Publishers Weekly

. . .lyrical writing powerfully delivered. . .full of adventure, truth, pain, humor, as well as colorful characters. . .a page-turner that will delight anyone who appreciates a good story.

TheRumpus.net (Rebecca Faust)

I picked up a copy of *Beamish Boy* began reading it the next day. I cannot put it down. I wish it were shower proof so even standing under the full pounding water I could continue reading. It is that good. That compelling. It is harsh while at the same time poetic. It breaks your heart one moment and then sends your spirit soaring the next. It is one of the rare books that when finished I believe I will feel I am a better person for having read it. And, it has made me laugh out loud.

Claudia Sternbach

Editor in Chief, *Memoir Journal*

Albert Flynn DeSilver's extraordinary story of second chances is about cultivating a creative life of joy and generosity out of the ashes of fear, doubt, and trauma.

Marci Shimoff, New York Times bestselling author, *Love for No Reason* and *Happy for No Reason*

"Sometimes we have to go to the darkest depths before we see the light. "*Beamish Boy*" is the inspiring true story that shows a journey of pain and self-destruction can lead to discovering that the peace and joy we yearned for, is in us all along."

James Baraz, co-author of "Awakening Joy: 10 Steps That Will Put You On The Road To Real Happiness", co-founder of Spirit Rock Meditation Center.

A compelling story of a boy's climb out of pain and into poetry

Adair Lara, San Francisco Chronicle former columnist and author of Naked, Drunk, & Writing

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