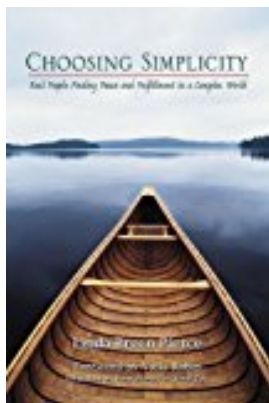


[PDF] Choosing Simplicity: Real People Finding Peace And Fulfillment In A Complex World

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Books Details:

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Description:

From Library Journal The popular press has recently held its magnifying glass up to what has been called the "simplicity movement." Pierce, founder of a three-year Simplicity Study that followed the lives of 211 people, takes a closer look with this book about her findings. Difficult to summarize, it is,

nonetheless, an intriguing, if occasionally preachifying, treatise on the superior value of living with more integrity than money. For most collections.

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Review "Choosing Simplicity is just what the doctor ordered for anyone thinking about simplifying their lives. Pierce successfully debunks the commonly held myths about the simplicity movement through the captivating stories of the everyday people who have done it. Meticulously researched and well written." -- *Jacqueline Blix and David Heitmiller, authors of Getting a Life*

"Linda Breen Pierce brings clarity and compassion to an insider's report on the simple life. *Choosing Simplicity* is filled with first-hand stories and insights of real people who describe their life-long process of discovering more soulful and sustainable ways of living." -- *Duane Elgin, author of Voluntary Simplicity and Awakening Earth*

"Linda Breen Pierce brings home the importance of the personal story. Reading the stories of the people in her study is liberating and exhilarating! We can't change alone, and even if you have no "simplifiers" in your life, these people can become your mental and emotional community-inspiring you to live more fully and more in harmony with the Earth. Read the book a little each day and you'll find yourself changing in profound ways." -- *Cecile Andrews, author of Circle of Simplicity*

"People often ask me, 'Is it really possible to simplify your life?' The real life stories in *Choosing Simplicity* prove that it is possible. And they show the many and varied ways choosing simplicity can lead to a more satisfying, rewarding, and fulfilling life. This book is an inspiration and guide for anyone who wants to live more simply." -- *Elaine St. James, author of Simplify Your Life and Inner Simplicity*

"Reading about all those who had succeeded in simplifying their lives gave us courage. Those of us who are seeking more creative ways to live need to know we aren't alone...the true stories in this book prove that we are members of a growing movement. This is an important, informative, inspiring and entertaining book. Must reading for anyone sincerely seeking meaningful and fulfilling alternatives to mainstream goals!" -- *Hal Zina Bennett, Ph.D., and Susan J. Sparrow, coauthors of Follow Your Bliss*

"You are in for a treat. The stories in this book are rich in texture and color, the warp on which you will find yourself weaving reflections about your own life. . . . Linda weaves her own experiences and insights throughout and brings a great deal of joy and respect to the telling of each story." -- *Vicki Robin, coauthor of Your Money or Your Life, from the Foreword of Choosing Simplicity*

"Choosing Simplicity is intelligent, beautifully written, and emphatically nonjudgmental." --*Larry Roth, author of Beating the System*

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