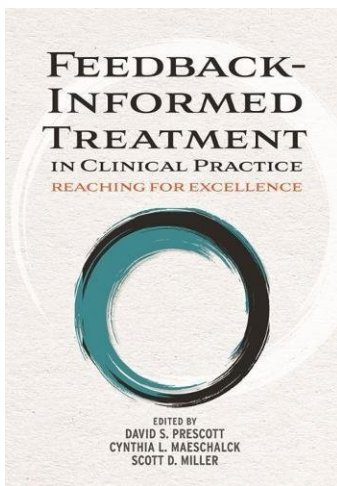


# [PDF] Feedback-Informed Treatment In Clinical Practice: Reaching For Excellence

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## Books Details:

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## Description:

Through feedback-informed treatment (FIT), therapists employ practical measures to continuously monitor client progress and the therapeutic alliance in real time. Therapists then know what they are doing well and what they could be doing better, thus allowing them to hone their clinical skills. This book brings together expert clinicians who have successfully integrated FIT in their own work. They provide helpful advice for mental health practitioners who work with different types of clients in a

variety of settings, including private practice, clinics and agencies, child and family therapy, LGBTQ counseling, the criminal justice system, and pharmacies.

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