

# [PDF] Hardcore Zen: Punk Rock, Monster Movies And The Truth About Reality

**Brad Warner - pdf download free book**

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## **Books Details:**

Title: Hardcore Zen: Punk Rock, Mons

Author: Brad Warner

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## **Description:**

**From Publishers Weekly** There's a Zen story about a teacher who holds up his finger, then reminds his student to look beyond the finger itself, to what the finger is pointing at-the moon. That's what this book does: it transcends itself-and with outrageous style. Warner, an early-'80s hardcore punk musician, discovered Zen in college, moved to Japan to make B-grade monster movies, and eventually became a bona fide Zen master by formally receiving "dharma transmission." Yet true to his punk spirit, he relentlessly demands that all teaching, all beliefs, all authority-including his own-must be questioned. ("Why should you listen to me? Who the hell am I?... No one. No one at all.") By turns wickedly funny, profane, challenging and iconoclastic-but always with genuine kindness-Warner devotes chapters to some common Zen notions such as the oneness of

reality ("Why Gene Simmons Is Not a Zen Master"), reincarnation ("In My Next Life I Want to Come Back as a Pair of Lucy Liu's Panties") and the vital importance of the present moment ("Eating a Tangerine is Real Enlightenment"). Yet this is no litany of Zen orthodoxy designed for study. By liberally sharing anecdotes from his own life as a down-and-out punk rocker and maker of monster movies, Warner constantly focuses on the importance of a direct experience of reality in all its rawness over adherence to any set of beliefs-even Zen ones. Entertaining, bold and refreshingly direct, this book is likely to change the way one experiences other books about Zen-and maybe even the way one experiences reality.

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**From School Library Journal** Adult/High School--Warner has appropriated the phrase "Question authority," a longtime battle cry for the punk-rock aesthetic, for use as a Buddhist mantra. Much of his book is laid out like a memoir. Readers follow the author from high school and his interest in '70s rock music and philosophical thought through his musical career under names like Zero Defex and Dementia 13 and finally to his dream job with the Japanese television studio that produces the popular live-action children's show, *Ultra Man*. The common threads throughout are a rabid interest in transcendental meditation and enlightenment. A conversational tone and endless streams of pop references to everything from *Minor Threat* to *TheMatrix* movies make this a readable and even fun book. Warner stresses that enlightenment and meditation do not come easy, which separates his writing dramatically from many other Western books on Buddhism. It's nice to see someone with strong ties to rock coming down so hard on people like Terence McKenna or even the Beatles, who promoted drug use as a way toward higher thought. Although some of Warner's connections between Buddhism and the various pieces of pop culture are simplified, his idea of questioning is particularly striking. Not just questioning authority, but friends, oneself, and, yes, him. This wonderfully engaging primer just might get those more dubious, less willing readers to look at the world a bit differently.--*Matthew L. Moffett, Northern Virginia Community College, Annandale*  
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