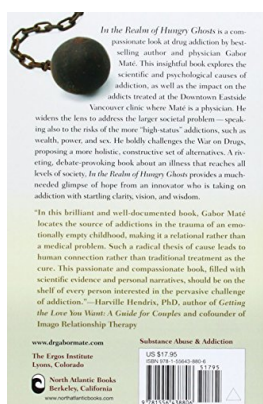


# [PDF] In The Realm Of Hungry Ghosts: Close Encounters With Addiction

Gabor Maté - pdf download free book

---



## Books Details:

Title: In the Realm of Hungry Ghosts

Author: Gabor Maté

Released: 2010-01-05

Language:

Pages: 520

ISBN: 155643880X

ISBN13: 9781556438806

ASIN: 155643880X

[\*\*CLICK HERE FOR DOWNLOAD\*\*](#)

---

pdf, mobi, epub, azw, kindle

## Description:

Based on Gabor Maté's two decades of experience as a medical doctor and his groundbreaking work with the severely addicted on Vancouver's skid row, *In the Realm of Hungry Ghosts* radically reenvision this much misunderstood field by taking a holistic approach. Dr. Maté presents addiction not as a discrete phenomenon confined to an unfortunate or weak-willed few, but as a continuum that runs throughout (and perhaps underpins) our society; not a medical "condition" distinct from

the lives it affects, rather the result of a complex interplay among personal history, emotional, and neurological development, brain chemistry, and the drugs (and behaviors) of addiction. Simplifying a wide array of brain and addiction research findings from around the globe, the book avoids glib self-help remedies, instead promoting a thorough and compassionate self-understanding as the first key to healing and wellness. *In the Realm of Hungry Ghosts* argues persuasively against contemporary health, social, and criminal justice policies toward addiction and those impacted by it. The mix of personal stories—including the author's candid discussion of his own "high-status" addictive tendencies—and science with positive solutions makes the book equally useful for lay readers and professionals.

---

- Title: In the Realm of Hungry Ghosts: Close Encounters with Addiction
  - Author: Gabor Mate
  - Released: 2010-01-05
  - Language:
  - Pages: 520
  - ISBN: 155643880X
  - ISBN13: 9781556438806
  - ASIN: 155643880X
-