

[PDF] Left Neglected

Lisa Genova - pdf download free book



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Description:

From neuroscientist and bestselling author Lisa Genova comes a story of resilience in the face of a devastating diagnosis. After a car crash leaves a vibrant mother in her thirties with a traumatic brain disorder called "left neglect," she learns what truly matters most in life.

Sarah Nickerson, like any other working mom, is busy trying to have it all. One morning while racing to work and distracted by her cell phone, she looks away from the road for one second too long. In that blink of an eye, all the rapidly moving parts of her over-scheduled life come to a screeching halt. After a brain injury steals her awareness of everything on her left side, Sarah must retrain her mind to perceive the world as a whole. In so doing, she also learns how to pay attention to the people and

parts of her life that matter most.

In this powerful and poignant *New York Times* bestseller, Lisa Genova explores what can happen when we are forced to change our perception of everything around us. *Left Neglected* is an unforgettable story about finding abundance in the most difficult of circumstances, learning to pay attention to the details, and nourishing what truly matters.

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