

[PDF] Mastermind: How To Think Like Sherlock Holmes

Maria Konnikova - pdf download free book



Books Details:

Title: Mastermind: How to Think Like
Author: Maria Konnikova
Released: 2013-01-03
Language:
Pages: 288
ISBN: 9780670026579
ISBN13: 978-0670026579
ASIN: 0670026573

[**CLICK HERE FOR DOWNLOAD**](#)

pdf, mobi, epub, azw, kindle

Description:

Review "Entertaining blend of Holmesiana and modern-day neuroscience." (**The New York Times**)
"Ingenious...thoughtful...covers a wide variety of material clearly and organizes it well." (**The Wall Street Journal**)

"Steven Pinker meets Sir Arthur Conan Doyle in this entertaining, insightful look at how the fictional London crime-solver used sophisticated mental strategies to solve complex problems of logic and detection...practical, enjoyable book, packed with modern science." (**The Boston Globe**)

"A treatise on how the Watsons of the world can smarten up...culled from Sir Arthur Conan Doyle's original works and cutting-edge psych research." (**New York Post, "Required Reading"**)

"Devotees of Arthur Conan Doyle's conundrum-cracker will be thrilled by this portmanteau of strategies for sharpening cognitive ability." (**Nature**)

"Weaving together the fictional detective's cases and modern day neuroscience...important for solving cases or simply staying sharp as we age." (**Psychology Today**)

"Based on modern neuroscience and psychology, the book explores Holmes's aptitude for mindfulness, logical thinking and observation...shares strategies that can lead to clearer thinking...help people become more self-aware" (**Washington Post**)

"MASTERMIND is the book I didn't realize I was waiting for...surprising and ingenious...a gift to all readers interested in Conan Doyle, mysteries and scientific thinking as well as those who simply want to be more self-aware about the inner workings of our minds." (**Matthew Pearl, New York Times**-bestselling author of *The Dante Club*)

"Not for Baker Street Irregulars alone, this fascinating look at how the mind works--replete with real-life case studies and engaging thought experiments--will be an eye-opening education for many." (**Publisher's Weekly, Starred Review**)

"Bright and entertaining ... Will enthrall Baker Street aficionados while introducing many readers to the mindful way of life." (**Kirkus Reviews**)

"An entertaining blend of Holmesiana and modern-day neuroscience."
—*New York Times*

"Maria Konnikova, a science writer and graduate student in psychology, has crafted a clearly written guide to the mysteries of logical deduction."
—*Dallas Morning News*

"Steven Pinker meets Sir Arthur Conan Doyle in this entertaining, insightful look at how the fictional London crime-solver used sophisticated mental strategies to solve complex problems of logic and deduction... This practical, enjoyable book, packed with modern science and real-life examples, shows you how to get your inner Holmes on and is worth at least a few hours of pipe-smoking reflection in a comfortable leather chair."
—*Boston Globe*

"The book is part literary analysis and part self-help guide, teaching readers how to sharpen the ways they observe the world, store and retrieve memories, and make decisions."
—*Scientific American*

"*Mastermind: How to Think Like Sherlock Holmes* is fascinating from cover to cover — highly recommended."

—Brain Pickings

“Your favorite mental short-cuts and slip-ups are all here. But Ms. Konnikova finds an ingenious delivery system. Holmes and Watson, she shows, respectively personify our rational and intuitive modes of thought. In story after story, taking the time to think carefully allows Holmes to school his slack-jawed sidekick.”

—*The Wall Street Journal*

“The book is part literary analysis and part self-help guide, teaching readers how to sharpen the ways they observe the world, store and retrieve memories, and make decisions.”

—*Scientific American*

“The fast-paced, high-tech world we inhabit may be more complex than Sherlock Holmes’s Baker Street, but we can still leverage the mental strategies of the renowned reasoner...Forcing the mind to observe, imagine and deduce can make the brain more precise—important for solving cases or simply staying sharp as we age.”

—*Psychology Today*

“Devotees of Arthur Conan Doyle’s conundrum-cracker will be thrilled by this portmanteau of strategies for sharpening cognitive ability... A few hours in Konnikova’s company and, along with Holmes, you might intone, ‘give me the most abstruse cryptogram or the most intricate analysis, and I am in my own proper atmosphere’ (*The Sign of Four*, 1890).”

—*Nature*

“Have you ever thought about how your mind organizes information? Have you ever wished you could access that data more quickly? Could recollect it easier? Or have you simply wanted to think more clearly at key moments?... This book is an absolute must if you’re in the market for training yourself to think more like Sherlock Holmes.”

—SheKnows.com

“A bright and entertaining how-to aimed at helping readers engage in the awareness described by psychologists from William James to Ellen Langer.”

—*Kirkus Reviews*

“Not for Baker Street Irregulars alone, this fascinating look at how the mind works—replete with real-life case studies and engaging thought experiments—will be an eye-opening education for many.” —*Publishers Weekly* (Starred Review)

“A delightful tour of the science of memory, creativity, and reasoning, illustrated with the help of history’s most famous reasoner, Sherlock Holmes himself. Maria Konnikova is an engaging and insightful guide to this fascinating material, which will help you master your own mind.”

—Steven Pinker, Harvard College Professor of Psychology, Harvard University, and author of *How the Mind Works* and *The Stuff of Thought*

“Far from elementary, Maria Konnikova’s new book is a challenging and insightful study of the human mind, illustrated with cases from the career of Sherlock Holmes. Holmes himself would have been proud to author this fine work!”

—Leslie S. Klinger, *New York Times*-best-selling author/editor of *The New Annotated Sherlock Holmes*

“Maria Konnikova’s bright and brilliant new book is nothing less than a primer on how to be awake, a

manual on how to work ourselves free of our unconscious biases, our habitual distractions, and the muddle of our everyday minds. Holmes fan or not, the reader will find *Mastermind* to be bracing, fascinating, and above all — and most important — hopeful.”

—Daniel Smith, author of *Monkey Mind*

“Since my earliest days as a reader I dreamt of being more like Sherlock Holmes and failed miserably whenever I tried. Needless to say, MASTERMIND is the book I didn't realize I was waiting for. Maria Konnikova has crafted a surprising and ingenious book that lets us all come closer to Holmes's genius, giving a gift to all readers interested in Conan Doyle, mysteries and scientific thinking as well as those who simply want to be more self-aware about the inner workings of our minds.”

—Matthew Pearl, *New York Times*-bestselling author of *The Dante Club*

“‘You know my methods,’ Sherlock Holmes once said to Dr. Watson. ‘Apply them!’ Science writer Maria Konnikova has made those instructions the inspiration for what turns out to be a delightfully intelligent book. Using Holmes and Watson as both muse and metaphor, she shows us some of modern psychology’s most important lessons for using our minds well. I probably won’t be able to solve murders after having read *Mastermind*, but I will have much to reflect on.”

—Carl Zimmer, author of *Soul Made Flesh* and *Parasite Rex*

From the Back Cover "A delightful tour of the science of memory, creativity, and reasoning, illustrated with the help of history's most famous reasoner, Sherlock Holmes himself. Maria Konnikova is an engaging and insightful guide to this fascinating material, which will help you master your own mind." (**Steven Pinker, Harvard College Professor of Psychology, Harvard University, and author of *How the Mind Works* and *The Stuff of Thought***)

"Far from elementary, Maria Konnikova's new book is a challenging and insightful study of the human mind, illustrated with cases from the career of Sherlock Holmes. Holmes himself would have been proud to author this fine work!" (**Leslie S. Klinger, New York Times-best-selling author/editor of *The New Annotated Sherlock Holmes***)

"Maria Konnikova's bright and brilliant new book is nothing less than a primer on how to be awake, a manual on how to work ourselves free of our unconscious biases, our habitual distractions, and the muddle of our everyday minds. Holmes fan or not, the reader will find *Mastermind* to be bracing, fascinating, and above all -- and most important -- hopeful." (**Daniel Smith, author of *Monkey Mind: A Memoir of Anxiety***)

"‘You know my methods,’ Sherlock Holmes once said to Dr. Watson. ‘Apply them!’ Science writer Maria Konnikova has made those instructions the inspiration for what turns out to be a delightfully intelligent book. Using Holmes and Watson as both muse and metaphor, she shows us some of modern psychology's most important lessons for using our minds well. I probably won't be able to solve murders after having read *Mastermind*, but I will have much to reflect on." (**Carl Zimmer, author of *Soul Made Flesh* and *Parasite Rex***)

- Title: Mastermind: How to Think Like Sherlock Holmes
 - Author: Maria Konnikova
 - Released: 2013-01-03
 - Language:
 - Pages: 288
 - ISBN: 9780670026579
 - ISBN13: 978-0670026579
 - ASIN: 0670026573
-