## [PDF] Nutrition And Diet Therapy, 6 Edition

### Carroll A. Lutz MA RN, Erin E. Mazur MSN RN FNP-BC, Nancy A. Litch MS RD - pdf download free book



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### **Description:**

#### An AJN Book of the Year Award Winner!

Meet the ever-changing demands of providing quality nutritional care for patients across the lifespan. This popular text provides a strong foundation in the science of nutrition and a clear

understanding of how to apply that knowledge in practice, recognizing the need for nurses to work with other healthcare professionals to ensure optimal nutrition in patient care.

Thoroughly updated and revised, it combines nursing care with the nutritional information pertinent to today's classroom and clinical practice settings.

"The nursing students really struggled with nutrition concepts and application to nursing. The book is well written and easy for the student to understand. Our Nutrition ATI scores improved dramatically after adding the book to the nursing courses."

- Carolyn Boiman PhD, RN, Instructor

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