

[PDF] Ten Days To Self-Esteem - The Leader's Manual

David D. Burns - pdf download free book

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Description:

About the Author David D. Burns, M.D., graduated magna cum laude from Amherst College, received his M.D. degree from Stanford University School of Medicine and completed his psychiatry residency at the University of Pennsylvania. He has served as Acting Chief of Psychiatry at the Presbyterian / University of Pennsylvania Medical Center and Visiting Scholar at the Harvard Medical School. In 1995 Dr. Burns and his family returned to California. He is currently Clinical Associate Professor of Psychiatry at his alma mater, the Stanford University School of Medicine, where he is actively involved in research and teaching. Dr. Burns is certified by the National Board of Psychiatry and Neurology.

Dr. Burns has received numerous awards including the A. E. Bennett Award from the Society for

Biological Society for his research on brain chemistry and the Distinguished Contribution to Psychology through the Media Award from the Association of Applied and Preventive Psychology. In 1998 he received the Teacher of the Year award from the graduating residents in the Stanford University Department of Psychiatry and Behavioral Sciences.

When he is not crunching statistics he can be found giving lectures to professional groups around the world.

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