

[PDF] Total Recall: My Unbelievably True Life Story

Arnold Schwarzenegger - pdf download free book



Books Details:

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Author: Arnold Schwarzenegger

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Description:

From Choosing the title of his autobiography must have been easy for Schwarzenegger. Finding a reason for writing it, especially at this particular moment, must have been a lot harder. As everyone (at least everyone who reads the gossip sites) knows, the body builder, movie star, and governor fathered a son with the housekeeper. As Arnold makes clear, he wants nothing more than to reunite with his wife, Maria Shriver. So why go there? Oh, well, Arnold has always been a guy who sets a goal and meets it, so maybe this will work out, too. His strong will was forged in a harsh Austrian

environment, where parents and teachers delivered body blows, and dentists didn't use anesthesia. At 10, Arnold knew he would one day come to America, and, by 21, he was a Mr. Universe living large in L.A. His movie career pushed him into superstardom, and when he decided to run for governor, he won that, too (though he left office with an approval rating of 28 percent.) This is a dishy bio on lots of fronts, dipping as it does into the worlds of body building, politics, movies, and the Kennedys. Arnold seems to have a modicum of self-awareness: for instance, he knows he's secretive (you think?), but his last chapter, "Arnold's Rules," really reveals him: don't overthink (no problem); stay hungry; change always takes big balls. A guilty pleasure for those who just can't say no. --Ilene Cooper --This text refers to the edition.

About the Author Arnold Schwarzenegger served as governor of California from 2003 to 2011. Before that, he had a long career, starring in such films as the Terminator series; *Stay Hungry*; *Twins*; *Predator*; and *Junior*. His first book, *Arnold: The Education of a Bodybuilder*, was a bestseller when published in 1977 and, along with his *Encyclopedia of Modern Bodybuilding*, has never been out of print since.

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