[PDF] Vegan Holiday Kitchen: More Than 200 Delicious, Festive Recipes For Special Occasions

Nava Atlas, Susan Voisin - pdf download free book

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Description:

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Review "Vegans, rejoice!.... Thanks to Atlas, vegan versions of traditional holiday foods can be incorporated for everyone to enjoy." --Epicurious.com "Happily, those of us who like to eat and party well need not suffer... Atlas shows Thanksgiving can be bountiful indeed and not a turkey harmed. Beloved winter holiday hits go meatless, including vegan holiday cookies spiced with cinnamon and ginger, mock chopped liver (cashew, onion and mushroom pate) and 'vegg' nog, thick and rich with almond milk and cashew butter, liberally spiked with rum. The spirit of the season remains but

anything animal is excised." --Huffington Post Recipes reprinted in the New York Times "Diner's Journal" and Washington Post.

About the Author Nava Atlas has written nine previous cookbooks. She has long been considered an expert in meat-free holiday fare, which is the most popular area of her website, www.VegKitchen.com.

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