

[PDF] She's Still There: Rescuing The Girl In You

Chrystal Evans Hurst - pdf download free book



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Description:

What's a woman to do if her life is not taking shape the way that she thought that it would? What happens when she looks at herself in the mirror, lingering just a little longer than usual and realizes that she no longer recognizes the person staring back at her? What does she do when she sees that, somehow, her life has drifted away from all her original hopes, dreams, or plans?

Speaker, blogger and writer Chrystal Evans Hurst wrote this book because she was that woman. One day she realized that she had somehow wandered away from the life that she had purposed to live a long time ago.

Chrystal since discovered that this moment of awareness happens to lots of women at different seasons of their lives. Poor decisions, a lack of intentionality or planning, or a long-term denial of deep hopes and dreams can leave a woman, old or young, reeling from the realization that she is lost, disappointed, or simply numb.

And she just needs encouragement.

This woman simply needs someone to hold her hand, to cheer her on, and to believe with her that she is capable of still being the person she intended to be or discovering the girl she never knew was there in the first place.

Chrystal uses her poignant story of an early and unexpected pregnancy, as well as other raw and vulnerable moments in her life, to let readers know she understands what it's like to try and find your way after some missteps or decisions you didn't plan on. In *She's Still There* Chrystal emphasizes the importance of the personal process and the beauty of that path as it is shared authentically from one girlfriend to another. It's a book of "me toos", reminders of the hoped for, and challenges for the path ahead—to find direction, purpose, and true satisfaction.

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