

[PDF] The Bio-Integrated Farm: A Revolutionary Permaculture-Based System Using Greenhouses, Ponds, Compost Piles, Aquaponics, Chickens, And More

Shawn Jadrnicek, Stephanie Jadrnicek - pdf download free book



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Description:

The Bio-Integrated Farm is a twenty-first-century manual for managing nature's resources. This groundbreaking book brings "system farming" and permaculture to a whole new level. Author Shawn Jadrnicek presents new insights into permaculture, moving beyond the philosophical foundation to practical advanced designs based on a functional analysis. Holding his designs to a higher standard, Jadrnicek's components serve at least seven functions (classical permaculture theory only seeks at least two functions). With every additional function a component performs, the design becomes more advanced and saves more energy.

A bio-integrated greenhouse, for example, doesn't just extend the season for growing vegetables; it also serves as a rainwater collector, a pond site, an aquaponics system, and a heat generator. Jadrnicek's prevalent theme is using water to do the work. Although applicable in many climates, his designs are particularly important for areas coping with water scarcity.

Jadrnicek focuses on his experience as farm manager at the Clemson University Student Organic Farm and at his residence in the foothills of the Blue Ridge Mountains. These locations lie at the cooler northern edge of a humid subtropical climate that extends west to the middle of Texas and north along the coast to New Jersey. He has created permaculture patterns ranging from raising transplants and field design to freshwater prawn production and composting. These patterns have simplified the operation of the 125-share CSA farm while reducing reliance on outside resources. In less time than it takes to mow his two-acre homestead, Jadrnicek is building a you-pick fruit farm using permaculture patterns. His landscape requires only the labor of harvesting, and the only outside input he buys is a small amount of chicken feed. By carefully engaging the free forces of nature—water, wind, sunlight, convection, gravity, and decomposition—Jadrnicek creates sustenance without maintenance and transforms waste into valuable farm resources.

The Bio-Integrated Farm offers in-depth information about designing and building a wide range of bio-integrated projects including reflecting ponds, water-storage ponds, multipurpose basins, greenhouses, compost heat extraction, pastured chicken systems, aquaculture, hydroponics, hydronic heating, water filtration and aeration, cover cropping, and innovative rainwater-harvesting systems that supply water for drip irrigation and flushing toilets.

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